



Get FIRED UP!

With
ARIC BOSTICK



JOIN MY FIRED UP! FAN PAGE AND
RECEIVE SUCCESS TIPS AND TOOLS
EVERYDAY OF THE WEEK! 



1/15 - 18 weeks 95 - Days	3/11 - 48 - if Bud Venter Days on take off. 50 - if not 10 weeks
1/22 - 17 weeks 85 - Days	4/1 - 45 Days
2/1 16 weeks 80 - Days	4/1 - 40 Days
2/5 15 weeks 75 - Days	4/16 - 30 Days
2/16 - 13 ^{1/2} week 68 - Days	4/21 - 26
2/19 - 13 weeks 65 - Days	4/29 - 20 Days - 2 TABC - 1 28th No 1st + 8th 17 Days
3/1 - 12 week 60 - Days	5/10 - 15 Days
	5/12 - 12 Days

BURNED OUT!



F: Fuel

WHAT FILLS YOUR TANK?

- WHY do you do what you do?
- Who wins when you are at your best?
- What does doing your best look and feel like?



I: Inventory

TAKE STOCK OF YOUR LIFE

- What's great about being YOU? (What are your strengths?)
- Who is doing and AWESOME Job? Let them know!
- What is one area that YOU need to change right NOW!



R: Reframe

SHIFT YOUR PERSPECTIVE

- A miracle is a shift in perception!
- Be a BIG YES to LIFE!!
- What have you already faced and overcome?



WWW.ARICBOSTICK.COM



Get
FIRED UP!

E: Energize

EXERCISE. R&R. EAT WELL.

- Don't break yourself down, build yourself up!
- Exercise 30 minutes 4 or 5 days a week and eat Fruit, Veggies and take Vitamins!
- Get a life! Schedule your fun! Go Out! Make Plans!
- CREATE AN ENERGY PLAN FOR YOU & YOUR STAFF!



D: Declare

WHAT'S YOUR MISSION?

- In 5 years I will be _____.
 - Professional Goal - Personal Goal - Health Goal:
 - What Actions will you Take to get there?
- Declare it now – I am _____



U: Understand

STEP IN SOMEONE ELSE'S SHOES.

- Your life and work is about helping others!
- We are all in the service industry!
- People will remember MOST how you made them FEEL!
- GET OUTSIDE OF YOU TODAY!!
 1. Make ONE POSITIVE PHONE CALL!
 2. Write ONE THANK YOU NOTE!
 3. SMILE Through the phone and email and AT EVERYONE YOU WALK BY 😊



P: Present

LIVE HERE AND NOW.

- Slow Down....Get to know who your work with and those your serve.
- Be in the Moment. . .
- Make Me Feel Important – This day, this person, this life.
- PRESENT your best YOU – How are you showing up?

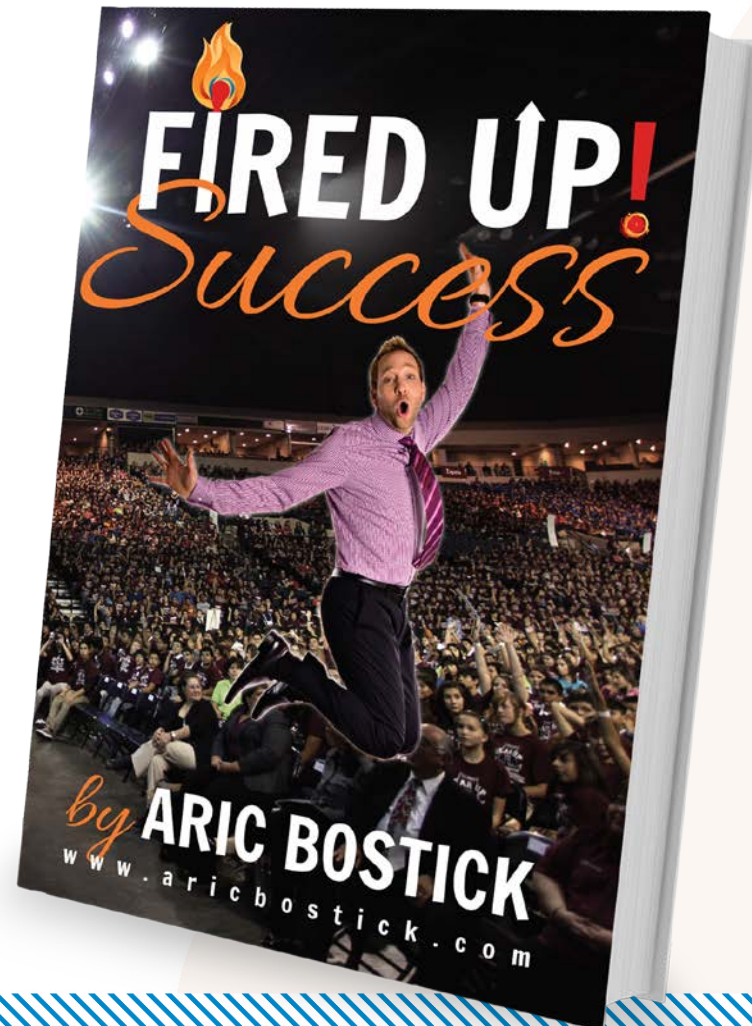


DREAM COLLAGE





BRING THE **FIRED UP** MESSAGE HOME TODAY!



WWW.ARICBOSTICK.COM

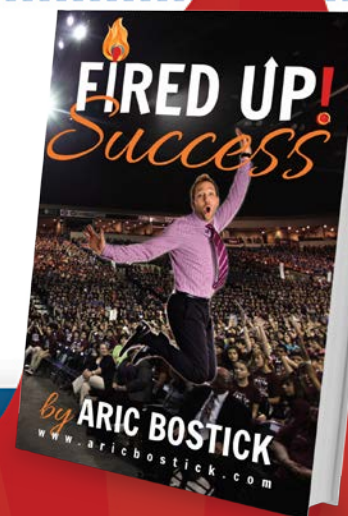
Get
FIRED UP!



Get Your Team
FIRED UP!

BRING ME TO
YOUR
Organization
Today!

ARICBOSTICK.COM (888) 629-0179



Spread the
FIRE!

Get
MY BOOK ON
AMAZON.COM
OR BULK ORDER
ON MY WEBSITE!

