



**BIO ELISABETH A. DOEHRING,
CWWPM, WELCOA Faculty, GPHR, PHR**

Elisabeth A. Doehring serves as Founder/President of the North American Center for Workplace Wellness (NACWW™). NACWW™ guides companies in establishing and managing sustainable employee wellness programs. Double-certified in Human Resources (PHR and GPHR) with nearly ten years of combined human resources and training, Elisabeth holds wellness certifications from WELCOA and the National Wellness Institute as well as designation of 30 hour OSHA Training.

A member of Baldwin, Mobile and national SHRM, Elisabeth serves on the Offshore Alabama Oil & Gas Task Force. Other professional affiliations include the International Association For Worksite Health Promotion (IAWHP) and American Association for Talent and Development (ATD). In January 2014 Elisabeth was named to the Alabama State SHRM Council as Wellness Director. She is team launching “Wellness Alabama”, a statewide wellness business initiative. In addition Elisabeth is the Health & Wellness Director-Elect for the 2015 Mississippi State SHRM Council. Her industry work experience includes aerospace, banking, food and beverage, government, healthcare, higher education, law enforcement, legal, manufacturing, oil & gas, and nonprofit.

Elisabeth has presented wellness programs to SHRM chapters in Alabama and Mississippi, the Mobile Occupational Health Nurses Group, the American Society of Safety Engineers, and will present at UAB’s upcoming “Innovations in Wellness Conference”---where she has been invited to speak along with other presenters including Lauren Whitt, Wellness Manager for Google. Elisabeth has also been nominated to present at the Annual Conference for the Southern Association of Automotive Manufacturers.

She is a contributing writer for *Spirituality & Health Magazine*. Her works appear in wellness industry journals such as *Worksite Health International Quarterly* and human resources publications such as *HR Professional Magazine* and *HR Alabama Magazine*, and an upcoming issue of *American Fitness Magazine* as well as books, magazines, and newspapers in both the United States and Europe. A graduate of the University of Alabama, Elisabeth attended and studied at Cumberland School of Law.